



TREATMENTS AT A GLANCE

MESSAGES

MARMABODY, MIND & SPIRIT AYURVEDA MASSAGE	90 MIN
SERENITY FULL BODY AROMATHERAPY MASSAGE	50 MIN
ANTI STRESS HEAD, NECK & SHOULDER MASSAGE	30 MIN
AROMATHERAPY BACK MASSAGE	30 MIN
PADABHYANGA FOOT & LEG MASSAGE	30 MIN
ADAM & EVE SERENITY	50 MIN
SOOTHING HOTSTONE	90 MIN
THAI YOGA MASSAGE	60 MIN
SPORT MASSAGE	50 MIN
DETOX BODY MASSAGE	60 MIN
SERENA OHARA	60 MIN
Repeated Treatment	60 MIN

BEAUTY TREATMENTS

EYEBROW THREADING	20 MIN
MAHENDI DECORATION (SMALL)	20 MIN
SPA MANICURE	45 MIN
SPA PEDICURE	60 MIN

BODY WORKS

UDAVARTHINA HERBAL BODY SCRUB	40 MIN
SERENA MUD RUB	40 MIN
RICH COFFEE ORANGE SCRUB	40 MIN
AFTER SUNCUCUMBER WRAP	40 MIN
RE-HYDRATING COCONUT DELIGHT	40 MIN
HONEY SESAME BODY GLOW	40 MIN
SALT AND SPICE BODY GLOW	40 MIN
YOGHURT TURMERIC SKIN SMOOTHER	40 MIN
PAPAYA BODY POLISH	40 MIN
BRIDAL BODY POLISH	40 MIN
DESHI BODY POLISH	40 MIN
SLENDERISING SPIRULINA WRAP	60 MIN

FACIALS

PAMPERING FACIAL FOR WOMEN	60 MIN
SKIN FITNESS FACIAL FOR MEN	60 MIN
HONEY CUCUMBER FACIAL	60 MIN

PACKAGES

SUN LOVERS PACKAGE (3 DAYS)	2 HRS
DIVER'S RECOVERY	1 HR 45 MIN
HONEYMOON SPECIAL	2 HRS 10 MIN
TRAVEL REVIVER	2 HRS
ISLAND INDULGENCE	2 HRS 30 MIN
AYURVEDA HEALING	3 HRS 10 MIN
SERENADHARA PACKAGE	3 HRS 10 MIN